

<b>Item No.</b> 9.	<b>Classification:</b> Open	<b>Date:</b> 22 July 2014	<b>Meeting Name:</b> Cabinet
<b>Report title:</b>		Prevalence of Psychosis and Access to Mental Health Services for the BME Community in Southwark (Health, Adult Social Care, Communities & Citizenship Scrutiny Sub-Committee)	
<b>Ward(s) or groups affected:</b>		All	
<b>From:</b>		Overview & Scrutiny Committee	

## RECOMMENDATIONS

1. That the cabinet notes the recommendations of the review of the prevalence of psychosis and access to mental health services for the BME community in Southwark and that the relevant cabinet member bring back a report to cabinet within eight weeks, in order to respond to the overview and scrutiny committee.

## BACKGROUND INFORMATION

2. Attached is the final report arising from the scrutiny review of the prevalence of psychosis and access to mental health services for the BME community in Southwark.
3. Psychotic disorders include schizophrenia and bipolar disorder which are characterised by severe disturbances in thinking and perception such that perception of reality is distorted. This may result in different types of delusions about the self, others and the environment and may include hearing voices.
4. The health, adult social care, communities and citizenship scrutiny sub-committee undertook an investigation into psychosis particularly in the BME community. At this time, the sub-committee has carried out some initial evidence and we strongly recommend that the next iteration of the sub-committee carries out a more in-depth look at access to mental health services by all service users, with a specific focus on BME community access.
5. The scrutiny review particularly investigated:
  - the prevalence of psychosis in the BME community in Southwark
  - reasons behind the prevalence of psychosis amongst the BME community
  - current ways in which mental health services are accessed by the BME community, and associated problems and/or best practice
  - ways in which mental health services currently interact with each other throughout Southwark.

6. The overview & scrutiny committee considered the sub-committee's report at its meeting on 31 March 2014. The committee welcomed the report and the valuable work of the sub-committee.

**HEALTH, ADULT SOCIAL CARE, COMMUNITIES & CITIZENSHIP SCRUTINY SUB-COMMITTEE RECOMMENDATIONS**

7. The sub-committee's recommendations for consideration by cabinet are set out below. The sub-committee's report, which also includes recommendations to Healthwatch Southwark, the Clinical Commissioning Group, SLaM and Hospital Trusts, is attached as an appendix.
  2. The sub-committee notes with concern that there are a large range of factors given for the increase prevalence of mental health conditions in the BME community. We recommend that Public Health carry out further work to understand the key drivers behind this increased prevalence, using Southwark specific data where possible to look at the borough's BME communities in more detail.
  4. The sub-committee notes that there is minimal understanding of the ways in which members of the BME community present with mental health conditions, other than from research. We recommend that Public Health undertake further work to understand the pathways which Southwark residents take to access mental health services. Where relevant, this should be undertaken jointly with SLaM and the Hospital Trusts.
  9. The sub-committee welcomes the services that are currently provided by Given the success of the Black Majority Churches Pilot, the sub-committee recommends that Southwark CCG and Southwark Council jointly consider commissioning a bespoke pastoral mental health awareness training programme across established BMCs in Southwark adapting SLaM's faith and mental health model.
  10. The sub-committee further suggests that Southwark CCG and Southwark Council jointly consider commissioning further Mental Health First Aid training specifically aimed at established BMCs across Southwark.

**BACKGROUND DOCUMENTS**

Background Papers	Held At	Contact
Overview & Scrutiny Committee Agenda 31 March 2014	Scrutiny Team 160 Tooley Street London SE1 2QH	Peter Roberts 020 7525 4350
<b>Link:</b> <a href="#">Overview &amp; Scrutiny Committee Agenda 31 March 2014</a>		

## APPENDICES

No.	Title
Appendix A	Report of the Health, Adult Social Care, Communities & Citizenship Scrutiny Sub-Committee

## AUDIT TRAIL

<b>Lead Officer</b>	Shelley Burke, Head of Overview & Scrutiny	
<b>Report Author</b>	Peter Roberts, Scrutiny Project Manager	
<b>Version</b>	Final	
<b>Dated</b>	4 June 2014	
<b>Key Decision?</b>	No	
<b>CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET MEMBER</b>		
<b>Officer Title</b>	<b>Comments sought</b>	<b>Comments included</b>
Director of Legal Services	N/a	N/a
Strategic Director of Finance and Corporate Services	N/a	N/a
Chief Officers	N/a	N/a
<b>Cabinet Member</b>	N/a	N/a
<b>Date final report sent to Constitutional Team</b>	4 June 2014	